

# Elementary Teacher’s Manual Table of Contents

Introduction .....	i
Explanation of Focus and Learning Style Symbols .....	iv
Recommended Lesson Sequence and Timing .....	v
National Standards Alignment Matrix .....	vi
National Standards Listing .....	vii
Select a Student Plant and Experiment Watcher .....	xi

## Introductory Materials

How the EarthBox Works .....	1
How to Plant and Replant an EarthBox .....	3

## Lesson Plans

Introduction to The Water Cycle .....	5
How Does Water Move Through the Ground? .....	8
Can Seeds Grow Into Plants in the Dark? .....	11
How Much Light do Plants Need? .....	14
The Power of Water .....	20
Can Light Bend Plants? .....	23
Dirt is Different .....	25
How Much Water Can the Ground Hold? .....	27
How do Roots Grow? .....	29
Using Seed Clocks to “See” Gravity .....	32
Understanding the New USDA Food Pyramid .....	35
Food Fun! Learning Your Vitamins and Minerals .....	38
Food Labels: What do They Mean? .....	40
Learning About the Parts of a Plant .....	44
Flowers: They’re More Than Just Pretty! .....	47
Tasty, Nutritious Plant Parts .....	49
Is Homegrown Better Than Store Bought? .....	51
Blank Watering Schedule .....	55
Glossary .....	57
<b>Appendix – Overhead Transparencies</b> .....	61

1. The Water Cycle (a)
2. The Water Cycke (b)
3. Understanding the New USDA Food Pyramid
4. Food Fun! Learning Your Vitamins and Minerals
5. Food Labels: What do They Mean?
6. Learning About the Parts of a Plant
7. Flowers: They’re More Than Pretty!